



Green Case Study

Park Regis City Centre



Park Regis City Centre is designed to cater for both corporate and leisure travellers and is located in the heart of Sydney city, just a short walk to Hyde Park, Darling Harbour, Pitt Street Mall, Queen Victoria Building and Town Hall.

Project 1: Supporting Community Through Our Paper Management Program

The RSPCA is a community based charity that works to prevent cruelty to animals by actively promoting their care and protection.

"RSPCA shelters are one of the most visible parts of the Society's operations. The shelters act as rehabilitation and adoption centres for unwanted, stray and injured animals and as holding facilities for animals that are the subject of pending legal action by RSPCA Inspectors... Across Australia, RSPCA shelters receive more than 144,000 animals every year. While a large proportion of these animals are cats and dogs, RSPCA shelters also offer sanctuary to horses, livestock and a wide range of wild and native animals." In Table 1 to the right, you can see the breakdown of the animals received by the RSPCA in 2008-09.

At Park Regis City Centre, all excess paper is shredded and placed in bags for the RSPCA on a weekly basis. This shredded paper is used to cover the floor of the shelters – providing cleanliness and warmth for animals. Since this project started in 2010, a total of 37 bags have been sent through.

Table 1: Animals received nationally by the RSPCA for the 2008-2009 financial year

	Number of animals	Percentage of total				
Total animals received: 156,621						
Dogs						
Reclaimed	22,896	33.0% of total dogs				
Rehomed	19,236	27.7% of total dogs				
In Stock	2,681	3.9% of total dogs				
Transferred	1,853	2.7% of total dogs				
Euthanased	22,085	31.8% of total dogs				
Other*	632	0.9% of total dogs				
Total dogs	69,383	44.30% of total animals				
Cats						
Reclaimed	2,447	3.7% of total cats				
Rehomed	19,666	29.7% of total cats				
In Stock	2,484	3.8% of total cats				
Transferred	1,480	2.2% of total cats				
Euthanased	39,495	59.7% of total cats				
Other*	633	1.0% of total cats				
Total cats	66,205	42.27% of total animals				
Other animals#						
Reclaimed	2,025	9.6% of other animals				
Rehomed	3,599	17.1% of other animals				
In Stock	784	3.7% of other animals				
Transferred	1,827	8.7% of other animals				
Euthanased	10,729	51.0% of other animals				
Other*	2,069	9.8% of other animals				
Total other animals	21,033	13.43% of total animals				

*Including: dead on arrival, escaped, foster care or not specified *Including: horses, small animals, livestock, and wildlife





Project 2: Guest Linen Change

- Since the beginning of March 2010, Park Regis City Centre has implemented a program whereby guests are encouraged to take action to help conserve our natural resources and protect and environment.
- Unnecessary washing of bed sheets in a hotel wastes thousands of litres of water and many kilograms of detergent. By encouraging guests to make a decision on whether they want their linen changed, we can help reduce chemical waste entering our waterways.
- A tent card is placed in all rooms, and guests can place the card on their pillow to join the hotel in conservation.
- To date 33 rooms have requested no linen change!

Project 3: Air Flow Efficiency

- Maintaining a clean and effective air conditioner filter reduce your energy consumption, thereby lowering CO2 emissions.
- A congested, clogged air conditioner filter restricts the air flow through the system and substantially reduces its efficiency. A 20-30% efficiency reduction can cost thousands of dollars over the course of the system's lifetime.
- Currently at Park Regis City Centre most filters are blocked or damaged due to age and constant usage. By changing there will be increased air flow and less power required to cool or heat rooms.
- This project will see the replacement of 122 air conditioning filters, and is scheduled for completion by end April 2010.









Project 4: Room Eco-Cleaning Program

- Usually deep cleaning a guest room involves a lot of chemicals and a lot of water, leading to increased water consumption and more chemicals entering our waterways.
- Park Regis City Centre has engaged the services of HealthWays which uses a unique 'ABC Steam' technology.
- The following table provides an indication of the environmental savings resulting from the employment of this technology for the hotel's Room Eco-Cleaning Program.



Traditional Cleaning Method	Water Wastage		Chemical Wastage		Other ABC Steam Advantages
	Normal	ABC Steam	Normal	ABC Steam	
Chemical Sanitization (kill bacteria, pathogens & carriers of disease)	100 to 500+ litres per hour	Zero	Toxic disinfectants	Zero	Much less mess No pollution No health risks Big time saver Higher standard \$\$\$ Saver Medical & scientific endorsements
Carpet Shampooing (hot water extraction)	180+ litres per hour	Zero	Detergents	Zero	Low Energy Much less mess No pollution No health risks No mould & mildew No 24 hour wait, dries in minutes Big time saver No pollution Removes gum Higher standards \$\$\$ Saver